## AMENDMENTS TO THE CLAIMS

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- Claim 1. (Currently Amended) A catamenial tampon comprising: a bag-like conformable absorbent body, said tampon having an outer surface, an inner surface, a head portion and a trailing portion, said inner surface of said tampon defining an interior of said tampon wherein said head portion is closed; said head portion having a width of about 1.5 cm to about 8 cm; and said trailing portion defines an opening into said interior of said tampon, said trailing portion having a width of about 1 cm to 3 cm; said tampon having a shape modulus of compression of less than 0.05 pounds force.
- Claim 2. (Original) The tampon of Claim 1 further comprising a withdrawal string attached to said absorbent body of said tampon.
- Claim 3. (Original) The tampon of Claim 2 wherein said withdrawal string is attached to said head portion of said absorbent body of said tampon.
- Claim 4. (*Original*) The tampon of Claim 2 wherein at least a portion of said withdrawal string is disposed within said interior of said tampon.
- Claim 5. (Original) The tampon of Claim 2 wherein said withdrawal string is attached to said head portion of said absorbent body of said tampon and a least a portion of said withdrawal string is disposed within said interior of said tampon such that said tampon is inverted when said withdrawal string is pulled for removal.
- Claim 6. (Original) The tampon of Claim 1 wherein said tampon comprises an absorbent material selected from the group consisting of: rayon, cotton, superabsorbent material, and blends thereof.

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